RESEARCH AND EDUCATIONAL CENTER
For OBSTETRICS and GYNAECOLOGY
Department of Surgical Sciences, University of Torino

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COURSE DESCRIPTION

Learning how to suture correctly is the "turning point" down the road to advanced Laparoscopic Surgery. The combination of a correct stitch and knot tying enables successful complex surgery.
The appropriate rules make difficult things easy. Romeo's *Gladiator Rule* puts suturing in the hands of all laparoscopists.
The knowledge acquired in the past explains which knots are safe/unsafe or dangerous and how to perform safe knots.
This Course provides comprehensive knowledge on the art of laparoscopic suturing, through a combination of the art of laparoscopic suturing, mixing theory and practise. All of which is aimed at obtaining internationally recognised GESEA Certification.

COURSE OBJECTIVES

At the conclusion of this activity, the participant will be able to:

1) identify safe/unsafe and dangerous knots;
2) perform bi-manual knot-tying according to Romeo's Gladiator rule;
3) load the needle and stitching with both hands and the supra pubic route.

PROJECT LEADER

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ORGANIZING SECRETARIAT AND CME PROVIDER

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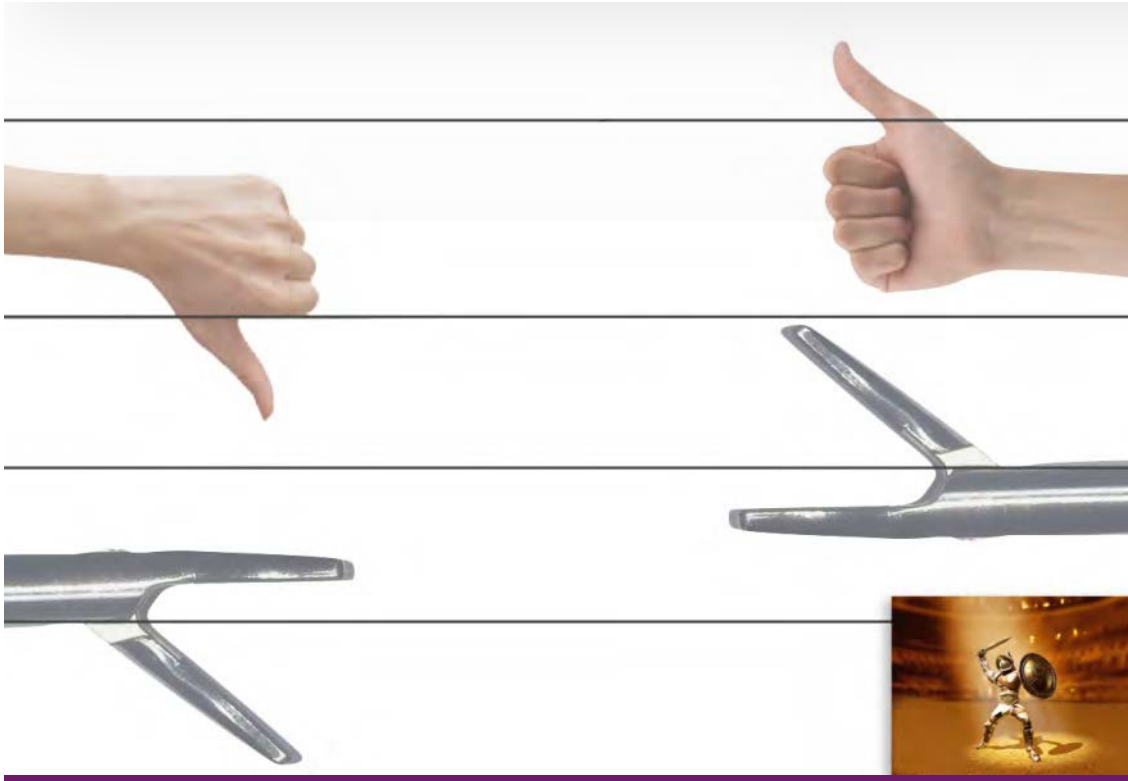

Master Class: Suturing Course

TORINO, 14-16 September 2021

With the support of:

MEDICINA A MISURA DI DONNA
FONDAZIONE ONLUS

Thanks to:

European Academy of Gynaecological Surgery

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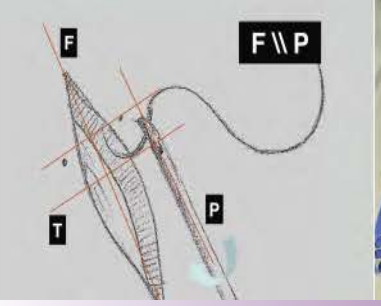






SCIENTIFIC PROGRAM

14 SEPTEMBER 2021

08:30 **Welcome**, Introductions and Course Overview **A. Romeo**
08:45 Safe, Unsafe and Dangerous knots in laparoscopy: How to avoid insecure Knots
09:15 Romeo's Gladiator Rule: The universal knot tying technique **A. Romeo**
09:45 Understanding the work station **A. Romeo**
10:10 Questions & Answers **All Faculty**
10:30 Coffee Break
10:45 **HANDS-ON LAB All Faculty** *Romeo's Gladiator Knot Tying Technique* with the right dominant knot tying hand from the lateral-lateral ports
Romeo's Gladiator Knot Tying Technique with the right dominant hand in the supra pubic port and the assistant in left hand port
12:30 Lunch Break
14:00 **HANDS-ON LAB All Faculty** knot tying with the left dominant hand and the assistant's right hand in the supra pubic port, with easy blocking sequences: Half Knot and Half Hitch sequences
17:00 Closure of Day 1

15 SEPTEMBER 2021

09:00 **HANDS-ON LAB All Faculty** Warm-up Knot tying sequences
10:15 The loading of the Needle maneuvers
12:30 Lunch Break
14:00 The perfect stitch with the right and left hand - training on bimanual stitches and sequences
The *X exercises* and the half-cylinder stitches
18:00 Closure of Day 2

16 SEPTEMBER 2021

09:00 **HANDS-ON LAB All Faculty**
Warm-up Knot tying with bimanual Technique
10:00 Stitches with the left and right hand on the Half-Cylinder model
Stitches with difficult angles and deep in the tissue
Difficult stitches and fixation of models with Knot-sequences
11.30 Sequences with the mono-manual technique
Sequences with the Bimanual technique
Sequences using only Half Hitches
12:30 Lunch Break
HANDS-ON LAB All Faculty
14:00 The Dyno -Test with very safe difficult sequences with a time limit:
20 Knot sequences with the right and left hand test
18:00 Closure of the course